

# Safe Sleep For Your Baby

**1** Baby sleeps in crib.

**2** Baby sleeps on back.

**3** Nothing in sleep area.

**4** Baby's face uncovered.

**5** No smoking around baby. 

**6** Do not overheat or overdress.

**7** Firm mattress, tight-fitting sheet.



Michigan Department of Human Services  
Michigan Department of Community Health  
Michigan Department of Education  
Michigan Department of Labor and Economic Growth

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